

Welcome to the office of Dr. Maria Tetelbaum at Synergy Centre Dental & Healthcare.
In order to provide you with the most appropriate treatment, we need you to complete the following questionnaire.
All information is strictly confidential and for our records only.

PERSONAL HISTORY

Date: _____

Last Name: _____ First Name: _____

Date of Birth: D _____ M _____ YR _____ Age: _____

Address: _____ City/Town: _____ Postal Code: _____

Telephone: (____) _____ Cell: (____) _____ Work: (____) _____

Preference of which number to call you: (please circle) HOME / CELL / WORK **May we leave a voicemail? YES / NO**

*Email: _____ Occupation: _____

How did you hear about us? (please circle)

Friend or Family Facebook/Instagram Website Advertisement Physician/Healthcare Professional

Signage on building/Driving by Email Google Search Other: _____

MEDICAL HISTORY

Family Physician: _____ Address: _____

Are you planning a **pregnancy** within the next year? **YES / NO**

Major illnesses or Surgeries [PAST or PRESENT] (cancer, diabetes, surgery, etc.) _____

Do you have any **neurological** conditions? [i.e. myasthenia gravis, multiple sclerosis, ALS, Lambert-Eaton syndrome, etc.] **YES / NO**

Have you ever had **Bells Palsy**? **YES / NO**

Do you have any **autoimmune** conditions? [i.e. lupus, psoriasis, rheumatoid arthritis, Crohn's disease, etc.] **YES / NO**

Are you awaiting any surgery/procedure? [eg. joint replacement, colonoscopy, dental implant/cleaning, etc.] **YES / NO**

If yes, please explain: _____

Please list any **current medications** including vitamins, herbal supplements (dosage not required) _____

Current health conditions/diagnoses (if not already listed): _____

Are you taking **blood thinners** [anti-coagulant or anti-platelet medications]? **YES / NO** If yes, please explain: _____

Have you taken Aspirin, Advil, alcohol in the **last 48 hours**? **YES / NO**

Please list any **Allergies** [foods, medication, bee/wasp stings]: _____

Allergic reaction or sensitivity to Lidocaine? [dental freezing]: **YES / NO**

Have you ever had an **anaphylactic** allergic reaction? **YES / NO** If yes, to what? _____

Do you suffer from seasonal / environmental allergies? **YES / NO** Do you suffer from chronic sinus congestion? **YES / NO**

Have you lost significant weight in the last year? [more than 30 lbs] **YES / NO**

Have you been diagnosed with osteoporosis? **YES / NO** If yes, when? _____

Have you lost any posterior [back] teeth [molars]? **YES / NO** Right side / Left side Any history of gum disease? **Y / N**

SKIN HEALTH & HISTORY

How would you rate the quality of your skin? (*circle*) Poor Fair Good Very Good Excellent

If you could improve your skin, what would focus on? (*circle*) Hydration Elasticity/Tightness Smoothness/Texture Acne
Volume Redness Scarring Pigmentation
OTHER (eg. mole removal, etc): _____

Have you had any **facial surgeries/procedures**? (i.e. facelift, blepharoplasty, skin cancer removal, etc) If so, what? _____

Do you have a history of **keloid** (thick) scarring? **YES / NO**

Do you have a history of hyper-pigmentation/melasma? **YES / NO**

Do you have a history facial **Herpes Simplex** (cold sores)? **YES / NO** If yes, date of last outbreak: _____

Do you regularly sun bathe or use tanning beds? **YES / NO** If yes, how often? _____

Do you use SPF/sunscreen/sunblock? **YES / NO** If yes, which product(s)? _____

Do you use any Retinol based products? **YES / NO**

What do you currently use for skincare? (i.e. cleanser, toner, serum, moisturizer, pharmaceutical grade or drugstore) _____

COSMETIC TREATMENT HISTORY

Have you previously received cosmetic injection treatments? **YES / NO** If yes, date of last injection: _____

If yes, please indicate if it was: Botox
Facial Fillers
Other (i.e. PRP, micro-needling, etc): _____

*Any **concerns or complications** from previous treatments? **YES / NO** If yes, please explain: _____

What is the main reason for your visit with us today?

What are the 3 main areas [listing in order] you wish to treat?

1. _____
2. _____
3. _____

**Which 3 statements best reflect how you feel about your appearance?
(List in order #1 - #2 - #3)**

- ___ I want to look less tired
- ___ I want to look less angry
- ___ I want to look less sad
- ___ I want a less saggy appearance
- ___ I want to look more youthful
- ___ I want to look more attractive
- ___ I want my face to look slimmer
- ___ I want to improve my chin profile [double chin]
- ___ I want softer features



Please circle
the area(s) of
your interest

***PLEASE SIGN* - AUTHORIZATION OF INFORMATION**

I have carefully read all 3 pages of this document and confirm that the above stated/written information and disclosure of my personal health information is correct to the best of my knowledge.

Patient Signature: _____

Print Name: _____

Thank you for choosing **Beauty Within** Medical Aesthetics

Thank you for trusting us with your care,

Dr. Maria Tetelbaum & Team



OPTIONAL *Please circle any of the treatments / products below that may also be of interest to you.

SKIN QUALITY	FACIAL IMPROVEMENT	OTHER	DENTAL
Skin Injections [Juvéderm® Volite]	Facial/Dermal Fillers [Juvéderm®]	Laser Hair Removal	ZOOM Teeth Whitening
Skincare Products [Vivier® line]	Wrinkle Relaxers [Botox®]	Scar Revision	INVISALIGN Teeth Straightening or Braces
Laser Treatment [for hyperpigmentation, rosacea, skin tightening]	Non-Surgical Facelift [MD Codes facelift]	Tattoo Removal	VENEERS Cosmetic Dentistry
Chemical Peels	[Belkyra®] Under chin fat reduction	Microblading [eyebrows]	Dental implants
Facials	PRP [Platelet Rich Plasma] with micro-needling for Face, Neck, Décolleté	Eyelash Extensions	TMJ - jaw clenching
Microdermabrasion	Cosmetic Mole Removal	Latisse® Grow your own eyelashes	
Micro-needling	Cryotherapy [freezing] for age spots	PRP [Platelet Rich Plasma] Treatment for Hair Loss	
		[Botox®] for Chronic Migraine or Hyperhidrosis [excessive sweating]	

